

# VILALARA THALASSA RESORT



## PRICE LIST THALASSOTHERAPY & SPA

Price per  
person

**DAY CURE includes 4 treatments (list of thalassotherapy treatments) and admission consultation**

From 1st November 2009 to 27th March 2010 and from 6th to 30th April 2010: **110,00 €**  
 From 28th of March to 5th April, from 1st of May to 24th of June and from 13th Sept. to 31st Oct. 2010: **125,00 €**  
 From 25th June to 12th Sept. 2010: **115,00 €**

### THALASSOTHERAPY TREATMENTS "À LA CARTE"

JETSTREAM POOL 25 min.	<b>33,00 €</b>	UNDER WATER SHOWER 20 min.	<b>46,00 €</b>
DYNAMIC POOL 25 min.	<b>39,00 €</b>	SEAWEED PACK 20 min.	<b>46,00 €</b>
BUBBLE BATH 15 min.	<b>35,00 €</b>	APPLICATION OF MARINE MUD 20 min.	<b>46,00 €</b>
MULTI-JETS BATH 20 min.	<b>35,00 €</b>	AEROSOL SESSION 12 min.	<b>28,00 €</b>
THALAXION 20 min.	<b>35,00 €</b>	PRESSOTHERAPY SESSION 20 min.	<b>36,00 €</b>
JET SHOWER or OVER HEAD SHOWER 12 min.	<b>35,00 €</b>	HYDRO-JETS MASSAGE 12 min.	<b>35,00 €</b>

### SPECIFIC SUPPLEMENTS WITHIN THE CURE (not included in the thalassotherapy treatments)

SPECIAL BACK *	<b>316,00 €</b>	ANTI-SMOKING *	<b>216,00 €</b>
MARINE SLIMMING / ANTI-CELLULITE *	<b>415,00 €</b>	LIVELY LEGS *	<b>198,00 €</b>

### OTHERS THERAPIES (not included in the thalassotherapy treatments)

ANTI-CELLULITE (electrocellulolipolysis) 45 min.	<b>77,00 €</b>	SHIATSU Japanese healing massage 70 min.	<b>91,00 €</b>
LYMPHATIC DRAINAGE localised 25 min.	<b>55,00 €</b>	WATSU Aquatic relaxation 45 min.	<b>72,00 €</b>
LYMPHATIC DRAINAGE 55 min.	<b>88,00 €</b>	REIKI Japanese energetic treatment 45 min.	<b>71,00 €</b>
THERAPEUTIC MASSAGE 25 min.	<b>55,00 €</b>	FOOT REFLEXOLOGY 45 min.	<b>65,00 €</b>
THERAPEUTIC MASSAGE 55 min.	<b>88,00 €</b>	HOT STONE MASSAGE 70 min.	<b>91,00 €</b>
OSTEOPATHY 45 min.	<b>81,00 €</b>	AYURVEDIC MASSAGE 70 min.	<b>91,00 €</b>
		THAI MASSAGE 70 min.	<b>91,00 €</b>
TAI-CHI CHUAN Chinese therapeutic gymnastics, 60 min.		"PILATES"METHOD initiation, 60 min.	
Individual session	<b>60,00 €</b>	Individual session	<b>81,00 €</b>
Collective session from 2 to 4 people, per person	<b>31,00 €</b>	Collective session from 2 to 4 people, per person	<b>41,00 €</b>
Collective session from 5 to 8 people, per person	<b>21,00 €</b>	Collective session from 5 to 8 people, per person	<b>31,00 €</b>
PERSONAL TRAINER FITNESS 60 min.		YOGA initiation, 60 min.	
Individual session	<b>60,00 €</b>	Individual session	<b>81,00 €</b>
Collective session from 2 to 4 people, per person	<b>31,00 €</b>	Collective session from 2 to 4 people, per person	<b>41,00 €</b>
Collective session from 5 to 8 people, per person	<b>21,00 €</b>	Collective session from 5 to 8 people, per person	<b>31,00 €</b>

\* SPECIAL BACK : 2 sessions using special techniques, 4 applications of marine mud (medical consultation advised, included).

\* ANTI-CELLULITE : 6 treatments using personalized special techniques (medical consultation advised, included).

\* ANTI-SMOKING : 3 aerosols, 1 auriculo-therapy, 1 acupuncture, 1 breathing exercise, 1 complementary homoeopathic treatment.

\* LIVELY LEGS : 6 sessions of pressotherapy or thalaxion (medical consultation advised, included).

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## WELL-BEING & BEAUTY CENTRE (not included in the thalassotherapy treatments)

Price per  
person

### FACE CARE



FACIAL CLEANSING: According skin type. Preparation, scrub, comédons extraction, massage and mask. 70 min.	<b>90,00 €</b>
FACIAL MOISTURISING: According skin type. Preparation, scrub, massage and mask. 45 min.	<b>65,00 €</b>
HYDRALIFT: For tired skin. This treatment will leave your skin firm, smooth and well-hydrated. 55 min.	<b>81,00 €</b>
ULTIMATE PURITY: For combination and oily skin. Designed to purify and remove excess oil. 45 min.	<b>77,00 €</b>
ANTI-AGEING EXPERT: For mature skin. Minimises the signs of ageing. 70 min.	<b>87,00 €</b>
OXYGEN EXPERT: For deoxygenated, stressed skin. A true regenerative cocktail. 70 min.	<b>87,00 €</b>
FIRMING PERFECTION: Targets sagging skin. Leaves your face, neck and throat visibly more structured and firm. 55 min.	<b>81,00 €</b>
RELAXING FACIAL MASSAGE: 20 min.	<b>43,00 €</b>
FACIAL LYMPHATIC DRAINAGE: 20 min.	<b>43,00 €</b>
"TOP DEM PRO" WRINKLE SMOOTHING TREATMENT: Session TOP DERM PRO and mask. 55 min.	<b>99,00 €</b>

### BODY CARE



EXFOLIATIONS in the "TEPIDARIUM". 20 min. Sea salt and floral oils - Brown sugar - Sand and coconut pulp - Brittany seaweed and essential oils	<b>46,00 €</b>
BODY WRAPS UNDER "LYDO" 50 min. SEAWEED THERAPY: Exfoliation and toning body wrap CHOCOLATE THERAPY: Exfoliation and slimming body wrap HYDRATION: Exfoliation and calming body wrap THREE-TEA (green, white and black): Exfoliation and draining body wrap	<b>69,00 €</b>
ABSOLUTE RELAXATION: Exfoliation and cream or oil-based massage. 55 min.	<b>88,00 €</b>
BODY DRAINAGE: Slimming, drainage and toxin removal (stomach, hips, thighs and knees). 55 min.	<b>81,00 €</b>
CELLU-CONTOUR: Slims and targets localised cellulite (stomach, hips, thighs and knees). 55 min.	<b>89,00 €</b>
FIRMING PERFECTION: Reshapes your figure and leaves your skin firmer and smoother (stomach, hips, thighs and knees). 55 min.	<b>81,00 €</b>
BUST PERFECTION: Tones and firms the bust and throat. 40 min.	<b>60,00 €</b>
STRETCH MARKS ACTION: Prevents and reduces stretch marks, restores the skin's elasticity and restructures its tissues. 40 min.	<b>72,00 €</b>

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THALASSA RESORT

[www.vilalaresort.com](http://www.vilalaresort.com)

## WELL-BEING & BEAUTY CENTRE

(not included in the thalassotherapy treatments)

	<b>Price per person</b>
<b>FACE AND BODY with ARÔMS-NATUR®</b>	
TREATMENT "ANTI-AGING" WITH CITRINS: Scrub, anti-oxidant wrap, hydration and gentle massage. 85 min.	<b>126,00 €</b>
<b>FEET</b>	
MASSAGE WITH PEELING: Preparation, scrub, mask and massage. 25 min.	<b>33,00 €</b>
FOOT BEAUTY: Preparation, toenail treatment, cuticles, massage and polish. 50 min.	<b>42,00 €</b>
MEDICAL PEDICURE: Preparation, treatment of corns, ingrown toenails, callouses and cuticles, massage and polish. 65 min.	<b>57,00 €</b>
<b>HANDS</b>	
HAND "COCON": Gives youth and comfort to hands through exfoliation, massage, hydration and a creme application. 25 min.	<b>32,00 €</b>
MANICURE: Preparation, nails and cuticle treatment, massage and polish. 50 min.	<b>41,00 €</b>
POSE NAIL VARNISH	<b>20,00 €</b>
<b>DEPILATION</b>	
FULL LEG WAXING	<b>62,00 €</b>
HALF LEG OR BACK WAXING	<b>43,00 €</b>
BIKINI LINE OR AXILLARY WAXING	<b>22,00 €</b>
BRAZILIAN BIKINI WAX - INTEGRAL	<b>44,00 €</b>
LIPS OR EYEBROWS	<b>8,00 €</b>
<b>DIVERS</b>	
TINTING OF EYELASHES OR EYEBROWS	<b>31,00 €</b>

## Thali (sens)

mers & merveilles

*A sensory journey to 5 destinations in search of total well-being*



**RITUAL THALI(SENS: 110 min.)** **166,00 €**

- ✕ **Orient, detoxifying journey:** Welcome reception, rhassoul clay exfoliation, seaweed and spice body wrap, detox. mass., draining tea
- ✕ **Atlantic, revitalising immersion:** Welcome recept., three-seaweed exfoliat., "Secret d'Algues" body wrap, revitalis. mass., slimming tea
- ✕ **Asia, calming getaway:** Welcome reflexology reception, enzymatic peeling, "Écume nacrée" body wrap, balancing massage, calming tea
- ✕ **Polynesia, heartwarming flight:** Welcome reception, coconut pulp exfoliat., "Transparence d'atoll" body wrap, relax. mass., calming tea
- ✕ **Amazon, energising escape:** Welcome reception, Brazil nut oil exfoliation, stimulating body wrap, reinvigorating massage, slimming tea

	<b>Price for 2 persons</b>
ASIAN BATH FOR TWO: Welcome reflexology reception, enzymatic peeling, "Métamorphose de l'eau" wax bath, relaxing hydromassage bath, balancing massage and a calming tea. 130 min.	<b>372,00 €</b>
OPTION DOUBLE CABIN: Relaxing hydromassage bath for two (supplement not sold separately). 20 min.	<b>40,00 €</b>

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# VILALARA THALASSA RESORT



## HAIR CENTER

(not included in the thalassotherapy treatments)



	Price per person
SHAMPOOING BLOW DRY ON SHORT HAIR	37,00 €
SHAMPOOING BLOW DRY ON LONG HAIR	42,00 €
SHAMPOOING CUT BLOW DRY	61,00 €
SHAMPOOING MEN'S CUT	26,00 €
SHAMPOOING CHILDREN CUT BLOW DRY	24,00 €
DYEING SHORT HAIR	40,00 €
DYEING LONG HAIR	50,00 €
HIGHLIGHTS SHORT HAIR	66,00 €
HIGHLIGHTS LONG HAIR	105,00 €
PERM ON SHORT HAIR	50,00 €
PERM ON LONG HAIR	61,00 €
STYLING SHORT HAIR	17,00 €
STYLING LONG HAIR	20,00 €
SCALP MASSAGE	10,00 €

## PACKAGES

(not included in the thalassotherapy treatments)

### FACIAL BEAUTY PACKAGE

5 DAYS BEAUTY TREATMENT	210,00 €
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1 facial cleansing / 3 lymphatic drainage session / 1 massage

### SPECIAL PACKAGE MAN

FACE AND BODY IN 3 DAYS	161,00 €
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1 facial cleansing / 1 body moisturising with peeling / 1 foot beauty session

### WRINKLE SMOOTHING TREATMENT PACKAGE

REJUVENATE YOUR FACE WITH A 6 DAYS WRINKLE SMOOTHING TREATMENT	555,00 €
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1 moisturising treatment, 6 "TOP DERM PRO" wrinkle treatments, 1 cream "Thal'ion"

#### ANTI-AGEING TREATMENT "TOP DERM PRO"

This technique stimulates reproduction of dermal fibroblasts, encouraging the renewal of collagen and elastic fibres for an efficient anti-ageing treatment

### HAIR BEAUTY PACKAGE

HEALTH AND BEAUTY FOR THE HAIR IN 4 DAYS WITH THE SPECIAL PACKAGE "RENÉ FURTERER"	61,00 €
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1 hair analysis using the capillioscope, 2 applications of vial with scalp massage,  
1 hair mask, 1 shampoo and blow dry

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## PROGRAMMES

(non included in the thalassotherapy treatments)

Price per  
person

### 1 DAY

<b>ZEN:</b> REIKI and WATSU	129,00 €
<b>ÉQUILIBRE:</b> TAI-CHI-CHUAN and SHIATSU	136,00 €
<b>ÉMOTIONS:</b> CHOCOTHERAPY and HOT STONE MASSAGE	144,00 €
<b>ESTHÉTIQUE:</b> ALGOTHERAPY and FACIAL MASSAGE	101,00 €
<b>COCOON:</b> AYURVEDA and PEELING	123,00 €
<b>ANTI-STRESS:</b> JET POOL, BUBBLE BATH, THERAPEUTIC MASSAGE 25', FACIAL TREATMENT	170,00 €
<b>A DAY IN HEAVEN:</b> "AFFUSION" SHOWER, BUBBLE BATH, CHOCOLATRERAPY, THERAPEUTIC MASSAGE 25'	155,00 €
<b>ONE DAY OF EXTRAVAGANZA:</b> FACIAL TREATMENT, "AFFUSION" SHOWER, FOOT BEAUTY, CHOCOTHERAPY, HOT STONE MASSAGE	262,00 €

### 3 DAYS

<b>VITAL " REVITALIZE YOUR BODY AND MIND THROUGHT THE SENSES":</b> 1st DAY: BODY PEELING, THERAPEUTIC MASSAGE 55' 2nd DAY: HOT STONE MASSAGE 3rd DAY: CHOCOLATHERAPY	285,00 €
<b>RELAX " TOP TO TOE AND ENJOY":</b> 1st DAY: FACIAL TREATMENT, HAIR ANALYSIS WITH APPLICATION OF VIAL AND HEAD MASSAGE 2nd DAY: REIKI, APPLICATION OF VIAL WITH HEAD MASSAGE 3rd DAY: FOOT MASSAGE WITH PEELING, APPLICATION OF VIAL WITH HEAD MASSAGE	221,00 €
<b>DETOX " STIMULE YOUR BODY "</b> 1st DAY: FACIAL TREATMENT, ALGOTHERAPY 2nd DAY: LYMPHATIC DRAINAGE (BODY), REFLEXOLOGY 3rd DAY: LYMPHATIC DRAINAGE (FACIAL), THERAPEUTIC MASSAGE 55'	399,00 €

### 5 DAYS

<b>SUPER FIT:</b> From 1st to 5th day: ELECTROCELLULOPOLYSIS SESSIONS From 1st to 5th day: SLIMMING TREATMENTS	711,00 €
<b>ENERGY:</b> 1st DAY: PEELING, ALGA PACK 2nd DAY: REFLEXOLOGY, THERAPEUTIC MASSAGE 55' 3rd DAY: ALGA PACK, SHIATSU 4th DAY: REIKI, THERAPEUTIC MASSAGE 55' 5th DAY: ALGOTHERAPY, AYURVEDIC MASSAGE	631,00 €

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